



## Nom Nom Paleo: Food for Humans: Over 100 Nomtastic Recipes!

By Henry Fong, Michelle Tam

Andrews McMeel Publishing. Hardback. Book Condition: new. BRAND NEW, Nom Nom Paleo: Food for Humans: Over 100 Nomtastic Recipes!, Henry Fong, Michelle Tam, Nom Nom Paleo is a visual feast, crackling with humour and packed with stunningly photographed step-by-step recipes free of gluten, soy, and added sugar. Designed to inspire the whole family to chow down on healthy, home-cooked meals, this cookbook compiles over 100 fool proof recipes that demonstrate how fun and flavourful cooking with wholesome ingredients can be. And did we mention the cartoons? At the heart of this book are Michelle's award-winning recipes, 50% of which are brand-new - even to diehard fans who own her bestselling iPad cookbook app. Readers can start by marrying their favourite ingredients with building blocks like Sriracha Mayonnaise, Louisiana Remoulade, and the infamous Magic Mushroom Powder. These basic recipes lay the foundation for many of the fabulous delights in the rest of the book including Eggplant "Ricotta" Stacks, Crab Louie, and Devils on Horseback.

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