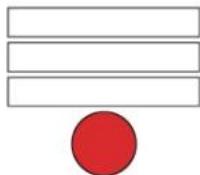


So You Wanna Meditate

A concise guidebook with commentary on the *Vijnāna Bhairava Tantra*



Swāmī Anantānanda Giri



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