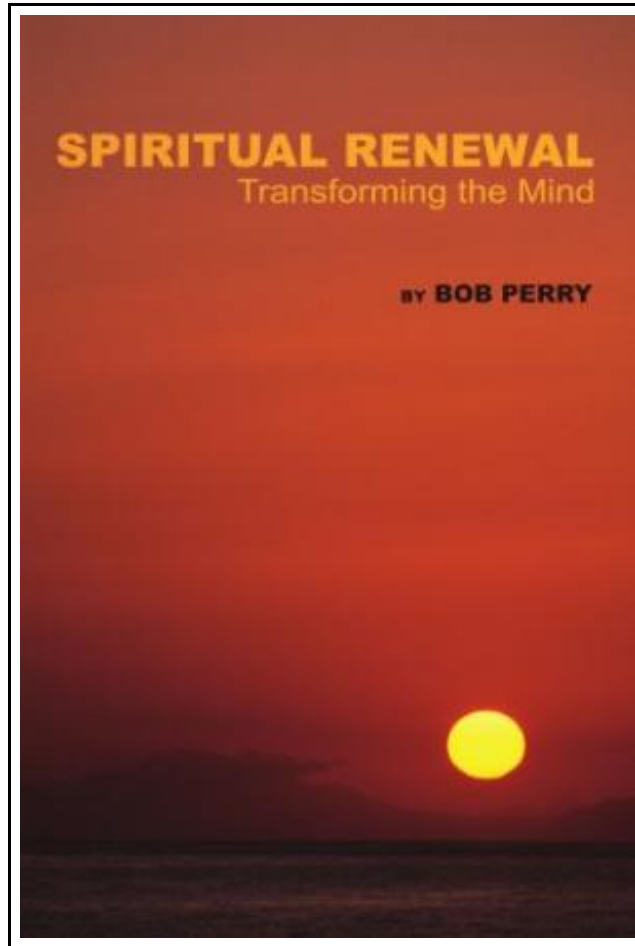


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iUniverse, United States, 2004. Paperback. Book Condition: New. 223 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. Spiritual Renewal: Transforming the Mind offers innovative and fresh insights into developing purpose and meaning to life. These timeless and timely insights into the transformed mind offer unique perspectives about spirituality, success, contentment, ethics, and religion. By learning to think differently and more positively, anyone can achieve more peace of mind, more energy, and have more satisfaction in life. The ability to be spiritually renewed is within you right now! You have the power inside you to transform the mind. The concepts and contents of this book can help show you how. Spiritually centered people are better equipped to adapt and overcome life's challenges. They are more self-assured and more positive. They make better life choices and consistently do the right things. People who know how to rekindle their spirit and inner strength have the energy to tackle problems, overcome disappointments, and handle success. Transforming the mind to think beyond the constraints of the physical world and toward a promise of a more meaningful existence involves the power of belief, the responsibility to choose, and the opportunity to change. The transformed mind is full of optimism, hope, tolerance, and contentment. because thinking positively is a choice.



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